



# Forest Restoration Processes



**When a tree falls over in a forest in good condition, natural regeneration can occur quickly.**

- (A) Fruiting trees nearby rain seed (B)
- (C) Animals living in the forest disperse seeds
- (D) Damaged trees and (E) tree stumps regrow
- (F) seedlings and (G) saplings now have light to grow quickly
- (H) Seeds in the soil seed bank germinate

**When humans clear forest, most of these natural processes stop working**

**Colour in the regenerating forest!**

